

Your Legal Matter: Taking a Proactive Step with The Wagon

Your lawyer has suggested **The Wagon** as a structured way to begin addressing alcohol and other drug (AOD) use in the lead-up to court.

Courts often consider whether a person has taken **practical steps** to address contributing factors and support better decision-making going forward. Completing a structured program can help demonstrate that you are engaging with change in a timely way.

Why use The Wagon?

- **Private and flexible:** Complete the program online, in your own time, on any device.
- **Structured and evidence-informed:** A 10-module video-based psychoeducation program focused on understanding AOD use and building practical relapse-prevention skills.
- **Two optional 1:1 sessions:** Pre-program to set goals, post-program to make a plan moving forward.
- **Completion documentation (with your consent):** If you choose, a letter of completion can be provided confirming enrolment and completion dates, the modules/topics covered, and any relevant information from the 1:1 sessions.

If your court date is soon

The Wagon is typically completed over **4–6 weeks**, but it can be completed more intensively over **7–10 days** where appropriate.

(Time required varies. Most people complete it in short sessions across the week.)

How to start

1. Visit **thewagon.com.au** – or scan the QR code below.
2. Review the FAQs and program information so you can make an informed decision.
3. If you choose to proceed, enrol in the program.
4. Subsequent logins are also via thewagon.com.au.
5. When you finish, you can download a certificate. If you would like a completion letter issued to your lawyer, let us know and provide **written consent**.

Important

The Wagon is a **psychoeducational program**. It is not a crisis service, and it does not provide forensic assessments, risk assessments, or legal advice. If you request a completion letter, this confirms participation/completion only and does not verify abstinence or predict future behaviour. It does not replace individual clinical care.

