

Your Legal Matter: Taking a Proactive Step with The Wagon – The Essentials

Your lawyer has suggested **The Wagon – The Essentials** as a structured way to begin addressing alcohol and other drug (AOD) use in the lead-up to court.

Courts often consider whether a person has taken **practical steps** to address contributing factors and support better decision-making going forward. Completing a structured program can help demonstrate that you are engaging with change in a timely way.

Why use The Wagon?

- **Private and flexible:** Complete the program online, in your own time, on any device.
- **Structured and evidence-informed:** A 5-module video-based psychoeducation program focused on understanding AOD use and building practical relapse-prevention skills.
- **Documentation:** An enrolment confirmation letter, a descriptive completion letter, an immediate certificate upon completion.
- **Optional** fee based 1:1 sessions available.

If your court date is soon

The Wagon can be completed intensively over **7–10 days**.

How to start

1. Visit thewagon.com.au – or scan the QR code below.
2. Review the FAQs and program information so you can make an informed decision.
3. If you choose to proceed, enrol in the program.
4. Subsequent logins are also via thewagon.com.au or appliedpsychology.com.au
5. When you complete The Wagon – The Essentials, you can download a certificate immediately. Documentation will be emailed directly to your lawyer.

Important

The Wagon is a **psychoeducational program**. It is not a crisis service, and it does not provide forensic assessments, risk assessments, or legal advice. If you request a completion letter, this confirms participation/completion only and does not verify abstinence or predict future behaviour. It does not replace individual clinical care.

